

The Ultimate Solution for Constipation



www.esypass.com

EsyPass is made available so you can eliminate in a healthy and satisfying manner when you are in the toilet. It allows you to sit in a perfect position "squat" which is by nature and was the way we used to eliminate before the modern era. Most of us settle for leaving the comfort room with a discomfort. But with Esypass you will leave the comfort room with comfort and success

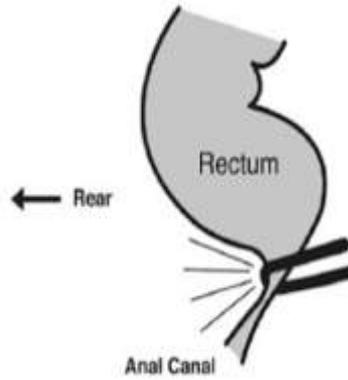
For a healthier and happier colon

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**Unnatural position:
Tension & Strain**



**Chokes the
rectum**



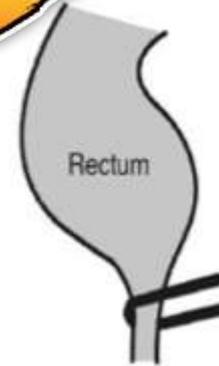
Sitting

VS

Squatting



**Natural position:
Relaxed**



**Relaxes & straightens
the rectum**



Elevating your feet has been known to **REDUCE:**

- Constipation
- Bloating
- Straining
- Hemorrhoids
- Elimination Discomfort
- Pelvic Disease
- Sexual Dysfunction
- Colon Disease
- Bladder Problems
- Irritable bowel syndrome

EsyPass Benefits:

- Medical benefits - EsyPass Toilet Stool is doctor recommended and eases toilet related ailments like: constipation and bloating, hemorrhoids & straining, IBS (Irritable Bowel Syndrome), pelvic floor & bladder issues
- Health and well-being - Helps promote better health, greater comfort, and more energy
- Economical - Sturdy, ergonomic design
- Convenience - Easy to use and highly effective in positioning the colon for effortless bowel movements
- Space Saver - stores under your toilet when not in use

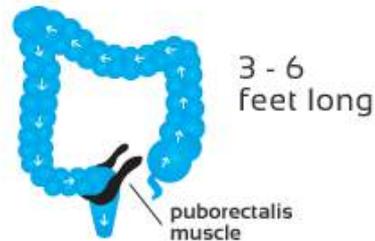
The Science Is Simple

we are designed to squat to eliminate



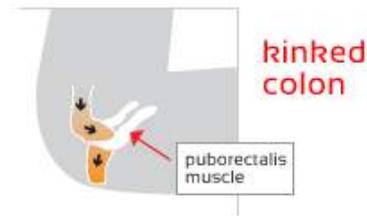
Humans have squatted for millennia – until the advent of the modern toilet.

this is your colon



The colon moves waste to the rectum for elimination. It has a natural kink that maintains continence.

sitting stops the flow



The puborectalis muscle **partially relaxes**, keeping the colon kinked and blocking the flow of waste.

squatty potty opens the colon



The puborectalis muscle **fully relaxes** allowing the colon to empty quickly and completely.

Research shows the following advantages of the squatting posture:

- A noninvasive treatment for hemorrhoids; most will heal without relapse when this posture is adopted for bowel movements.
- Making elimination faster, easier and more complete will help to prevent colon cancer, appendicitis and inflammatory bowel disease.
- Protects the nerves of the pelvic floor from becoming stretched and damaged
- Seals the ileocecal valve preventing leakage into the small intestine.

Research shows the following advantages of the squatting posture:

- Relaxes the puborectalis muscle which normally chokes the colon to maintain continence.
- Prevents hernias, diverticulitis and pelvic organ prolapse by using the thighs to support the colon and prevent straining.
- For pregnant women, squatting avoids pressure on the uterus and helps prepare one for a more natural delivery.

FAQS - Frequently Asked Questions

WHAT IS ESYPASS?

EsyPass is a helpful tool in the toilet because normally we should have comfort while we are in the comfort room.

WHY SQUAT WHEN ELIMINATING?

EsyPass is not made to change your usual elimination style. Otherwise, to make you feel at ease when doing your thing in the toilet. Squatting opens the colon fully which results to easier elimination. Sitting may be civilized but squatting is beneficial.

WHAT HAPPENS WHEN I'M NORMALLY ELIMINATING?

Better elimination may decrease many modern day ailments including bloating, straining, hemorrhoids and constipation.

HOW DO I USE IT?

Sit in the toilet bowl first, pull it from underneath and place your feet on it. When you are in your most comfortable position everything else will go smoothly.

FAQS - Frequently Asked Questions

WILL IT FIT UNDER MY TOILET?

EsyPass works perfectly with any standard toilet and won't even take space as you can store it under the toilet and just easily pull it when nature calls.

WHEN DO I USE ESYPASS?

Use EsyPass every time nature is calling.

WILL IT WORK WITH ME?

Absolutely! it would be slightly different in the beginning but as soon as you've adjusted with the squat position then everything will just be as easy as flushing the toilet.

HOW DO I PRESERVE MY ESYPASS?

Proper care and handling is recommended. Clean it once in a while with soap, water and soft rag. It is also not advisable to use EsyPass as a step stool or chair even though it can hold up to 150 pounds.

HOW DOES ESYPASS CONTRIBUTE TO DIGESTIVE HEALTH?

Regular elimination of waste is important for digestive health. If you're having a hard time to eliminate your feces for an extra day, harmful bacteria in your intestine will have more time to multiply. Thus, causing several infections and diseases in the long run. EsyPass can help you have a smooth and easy time while eliminating and results to overall digestive health improvement.

